

SPECIAL DIRECTIONS FOR PATIENTS WITH DIABETES

The day BEFORE your exam:

For patients taking the following insulins®: Humalog®, NovoLog®, Apidra®, Regular®, NPH® or any of the premixed insulins:

- Take half of your usual dose in the morning.
- DO NOT take any insulin in the evening, unless you take Lantus® or Levemir®. If so, you may take the usual dose.

For patients taking oral diabetes medicines:

- Take only one-half of your usual dose of oral diabetes medicine.
- DO NOT take any oral diabetes medicine in the evening.

The day OF your exam:

For patients taking insulin:

- Check your blood sugar. DO NOT take morning insulin unless you take Lantus® or Levemir®. If so, take full dosage.
- After the exam, if you are eating, take one-half dose of your NPH, 70/30, or 75/25 insulin.
- In the evening, if you are eating, take normal dose of insulin.

For patients taking oral diabetes medicine:

- DO NOT take oral diabetes medicine before your exam.
- After the exam, if you are eating, take only one-half dose of your usual oral diabetes medicine.
- In the evening, if you are eating, take normal dose of oral diabetes medicine.

If you take Lantus® or Levemir® insulin or use an insulin pump:

- Take full dose of Lantus® or Levemir®.
- If on insulin pump, continue basal rate.

If you check your blood sugar daily, check it more often the day before and the day of your exam (at least every 4 to 6 hours).

If you have a low blood sugar during the prep, you may take fruit juice, regular soda, glucose tablets or gel. Please bring your insulin, insulin syringes, and glucose monitor with you on the day of the exam.